

HowYouLearnIt.com Workbook Summary

Steps	Purpose
Survey	Wake up Brain Create Connection Possibilities
Paraphrase	Find your own words
Question	Fill in gaps to complete idea
Reflect	Confirm that your words are the same as the new idea
Create Connections	Determine if this is different/similar to ideas you already have
Read	Information you surveyed
Relate	See if new ideas are shared Check use/context of discussion
Recite	Cement idea in memory
Review	Recall to correct memory
Discuss	Explore nuances of meaning/other places for use of idea
Undertake	Assess how idea directs your planning/actions/success